

Internship Description

This program includes a general internship comprised of: the following rotations:

- 360 hours clinical
- 360 hours food service and mgt
- 200 hours community
- 160 hours professional development

The rotations provide practical experiences and training that fulfill the CADE and ADA requirements and professional goals. Twelve graduate credit hours are earned through completion of the internship to count towards the 39 credit total. All sites are medium to large sized community medical centers with normal census falling between 250 and 300 patients and are within a 2 hour drive of Boone, NC.

Some NC Internship Sites:

- Charlotte
- Asheville
- Shelby
- Hickory
- Morganton

Community rotation opportunities include hospital outpatient service centers, diabetes clinics, public health departments, schools, and wellness centers.



Appalachian
STATE UNIVERSITY

Martin Root, PhD
Graduate Coordinator,
Foods and Nutrition
rootmm@appstate.edu

Tim L Radak, DrPH, RD
Graduate Dietetic
Internship Director
radaktl@appstate.edu

Website: http://www.fcs.appstate.edu/students/grad_programs/dietetics_internship.htm

About Appalachian State

Appalachian ranked ninth overall among public and private universities in the South by U.S. News and World Report's 2009 Best College's Guide and fifth among regional public comprehensive universities in the South in 2008. Appalachian has placed among the top 15 among southern universities since the rankings first appeared in 1986.

Appalachian is considered a best value by Kiplinger magazine. Kiplinger's magazine "100 Best Public Colleges" ranked Appalachian twenty-seventh in its listings for 2008. Appalachian State University was named *Time* magazine College of the year in September of 2001.

Appalachian State University

Combined M.A. in Family and Consumer Sciences and Post Baccalaureate Dietetic Internship Program



Department of Family and Consumer Sciences

LS Dougherty Hall
Boone, NC 28608
(828)262-3120

Why Choose Appalachian?

- All graduates seeking jobs in dietetics have obtained them.
- No more than 10 interns are accepted offering personalized interaction and experience
- 80% of graduates have passed the RD exam
- Graduates have scored as high as the 96th percentile on the RD exam
- The program is located in the beautiful Appalachian mountains of northwest North Carolina.

Program Description

The Family and Consumer Sciences Graduate Program and Combined Post Baccalaureate Dietetic Internship leads to a Master of Arts degree designed to prepare graduates for professional practice and/or for doctoral study. All students complete a research project with or without a thesis and have the opportunity to present their research on campus and at a nutrition conference.

Program Design

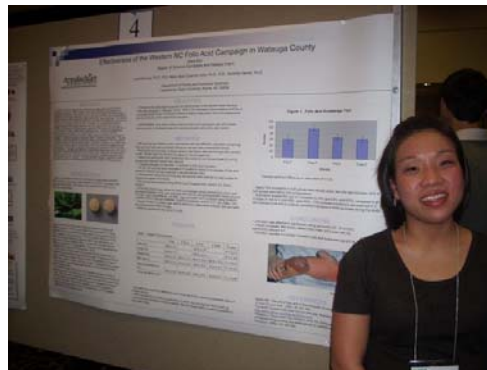
The Program is structured to be completed in 21 month time period. For the first year of the program students take graduate level courses and design and implement a research project. During the second year of the program students usually move to their primary internship site and commute to Appalachian State one day a week.

Courses Include:

- Research in Family and Consumer Sciences
- Nutritional Assessment
- Maternal and Child Nutrition
- Nutrition for the Elderly
- Dietetic Practice I/II (6 credits)
- Dietetic Internship (12 hours)
- Approved elective to compliment chosen research or career goals

Recent Student Research Topics:

- Vitamin D deficiency among African-American women of child bearing age.
- Effects of antioxidant supplements on oxidant status after strenuous exercise
- Weekly blogging increases fruit and vegetable consumption of college-aged students.



Admissions Criteria

Completion of a ADA accredited program in dietetics.

A total of 2,000 using the following formula: (undergraduate GPA x 400) plus (GRE-V plus GRE-Q)

Submission of DI packet by matching deadline to include:

- ADA standard internship application
- Official transcripts of all academic work
- DPD verification statement or ADA Declaration of Intent to Complete Degree form
- 3 Letters of Recommendation
- A letter of interest to include:
 - ◊ Reasons for wanting to attend Appalachian
 - ◊ Career Goals

Cost to Student

Graduate Student Application	\$50
Lab Coat and shoes	\$100

Approximate Annual Costs:

Tuition and Fees	
In state	\$2371
Out of state	\$7321
Books	\$300
ADA Membership	\$49
Foothills Dietetic Association	\$5
Parking	\$100-200
Monthly Living Expenses	varies \$800-1500